



**RECREATION
PROGRAMS
GUIDE:
FALL 2018**





Children's TREATMENT CENTRE OF CHATHAM-KENT

Celebrating Abilities, Developing Potential

“CELEBRATING ABILITIES, DEVELOPING POTENTIAL”

MISSION

- Delivering specialized therapy and innovative programs to help children reach their unique potential.

VISION

- Amazing kids today, enriching our community tomorrow.

VALUES

- Family and Community
- Partnerships
- Compassion
- Expertise
- Integrity
- Respect
- Accountability and Results
- Safety

DID YOU KNOW?

Group and pool cancellations can be found on our Foundation's Facebook page and/or by calling the Children's Treatment Center of Chatham-Kent



PROGRAM	DESCRIPTION	AGE	DATE	TIME	COST	LOCATION
SLEDGE HOCKEY	Like hockey? Enjoy meeting new friends? If you answered yes, then Sledge is the sport for you! Join us on Tuesday evenings as we introduce you to the basics of Sledge Hockey. Get ready to shoot, push, pass, and score!	6+	Tuesdays: October 2 nd - December 18 th	6:00-7:00pm	\$60.00	Thames Campus Arena
CK CHEFS (4 week session)	Join us for four weeks of fun as we learn to cook at the Real Canadian Superstore! The group will focus on the preparation of basic meals, the use of different utensils, kitchen safety, and hygiene. *Please notify us of any food allergies at the time of registration.	7-13	Wednesdays: October 3 rd - October 24 th	4:30-6:30pm	\$54.24	The Real Canadian Superstore
TEENS ONLY COOKING (4 week session)	A spin on our CK Chefs program- designed specifically for teens! Join us and further your independence in the areas of food preparation, food handling, and kitchen safety. Also, learn how to use small appliances and how to shop the grocery store.	14-21	Wednesdays: November 14 th - December 5 th	4:30-6:30pm	\$81.36	The Real Canadian Superstore
TWEEN SCENE	Please see additional information on PAGE 5.					
#TEENS NIGHT OUT	Please see additional information on PAGE 5.					



<p>PIANO LESSONS</p>	<p>Have you ever wanted to tickle the ivories? If yes, here's your chance! Join us for Adapted Piano lessons at the CTC. Our lessons are designed for children of all abilities. Students will learn how to play the piano via private lessons. Lessons will begin in November and will continue into the spring, where students will showcase their talents at our annual ARTS RECTIAL!</p>	<p>7+</p>	<p>Instruction November-May</p> <p>Mondays: November 12th- December 10th</p> <p>Thursdays: November 15th- December 13th</p> <p>*Winter 2019 start dates TBD*</p>	<p>4 time slots available:</p> <p>Mondays: 4:00-4:30pm 4:30-5:00pm 5:00-5:30pm</p> <p>Thursday: 4:00-4:30pm</p>	<p>\$240.00 for instruction from November through to May</p> <p>*Payments can be made in two installments of \$120.00*</p>	<p>CTC-CK</p>
<p>UKULELE For BEGINNERS</p>	<p>Bring your own ukulele and come learn to play some easy songs in a small group setting. (max 4 participants) No previous music knowledge necessary. Ukuleles are easy to play, inexpensive and portable. Come ready to sing and play your heart out!</p> <p>*Ukuleles can be purchased at Strings N Things for \$41.99. Also purchase a felt ukulele pic. Music will be provided*</p>	<p>8-12</p>	<p>Tuesdays: October 23th- November 27th</p>	<p>4:15-5:00pm</p>	<p>\$40.00</p>	<p>CTC-CK</p>

INTRODUCTION TO SLEDGE HOCKEY/OPEN FAMILY SKATE NIGHTS.

In March 2018, the MLSE Foundation announced the Children's Treatment Centre Foundation of Chatham-Kent as the recipient of the Toronto Maple Leafs Community Action Grant presented by the Just Energy Foundation. With a goal to expand the program and create further awareness, the CTC-CK is EXCITED to announce FREE Open Family Skate Nights! These evenings are open to CTC-CK clients and their families.

DATE	TIME	LOCATION
Tuesday, September 18 th	6:00-7:00pm	Thames Campus Arena
Tuesday, September 25 th	6:00-7:00pm	Thames Campus Arena
Tuesday December 11 th	6:00-7:00pm	Thames Campus Arena
Tuesday December 18 th	6:00-7:00pm	Thames Campus Arena





TWEEN SCENE

Open to youth 8-13 years of age, this program provides Tweens with the opportunity to participate in monthly events both at the centre and within the CK community. Through this program, participants will engage in social activities, expand social networks, expand knowledge of community resources, and engage in a variety of different recreation/leisure activities.

COST: \$50.00

This total cost covers your membership for all events from September to December 2018

DATES/TIME: Times vary depending on month (see below for more information).

Note: Projected events are subject to change. Each month, a brochure will be emailed to participants outlining the details of the monthly event

September 19 th	Meet and Greet at the CTC
October 25 th	Fall Frenzy
November 16 th	Santa Claus Parade
December 12 th	Holiday Food Fun at the Real Canadian Superstore



#TEENSNIGHTOUT 2018-2019

Open to youth **14-21** years of age, this program gives teens the opportunity to interact with their peers in a non-threatening and accepting environment. Teens will participate in monthly community events, which will further assist with expanding social networks and increasing social confidence.

COST: \$120.00. This total cost covers your **membership for all events from September to June 2019**

*Please note that participants may be required to cover some costs related to the event (i.e. purchasing extra snacks or additional items at any of the community events).

DATES/TIME: Times vary depending on month (see below for more information).

Note: this is just an example calendar, and projected events are subject to change. Each month, a brochure will be emailed to participants outlining the details of the monthly event

MONTH	EVENT
SEPTEMBER	Meet & Greet at the CTC
OCTOBER	Yoga & Dinner Out
NOVEMBER	Santa Claus Parade
DECEMBER	Christmas Cooking at the Superstore

JANUARY	Skating/Sledge Hockey @ Thames Campus
FEBRAURY	Bowling & Pizza Hut Lunch
MARCH	TBD
APRIL	TBD
MAY	Bake Sale and Swim at the CTC
JUNE	Schools Out Soiree



AQUATIC PROGRAMS



CLIENT-ONLY AQUATIC PROGRAMS

Swimming Lessons (Ages 3+):

Recreational swimming lessons at the CTC-CK are designed for children who experience difficulties participating in community-based aquatics programs. These lessons are taught 1:1 or in small group format. Participants are introduced to the basics of swimming, and goals are developed based on the needs of each swimmer.

11 week blocks

Mondays: September 24th- December 10th

or

Wednesdays: September 26th –December 12th

1/2 hr time slots available between 2:30-5:30pm

COST: \$132.00

ALL lessons cancelled the week of October 8th

Sensory Splash (Open to all clients on the CTC recreation caseload)

An innovative approach to swimming at the CTC!

Participants can explore and play while enjoying a quality, non-directive leisure experience. Join us as we combine music, lighting effects, and tactile objects to create a non-threatening and enjoyable environment for all!

10 week block

Thursdays

September 27th – November 29th

9:45-10:30

COST: \$80.00



CLIENT & COMMUNITY AQUATIC PROGRAMS

Water Bugs, Guided Parent & Tot Lessons:

Introduce your child to active living and learning through play at an early age! Taught by a certified instructor, join us for songs, games, and in-water interaction!

Fall Session A:

Mondays: September 24th- October 22nd
(no class on Oct 8th)

Time: 10:30-11:00am

Fall Session B:

Mondays: November 12th- December 3rd

Time: 10:30-11:0am

COST: \$48.00/ per session

Sensory Splash Drop-In:

Tuesdays

September 25th – November 27th

Drop-In Time: 9:45-10:30

COST: \$8.00/session

Parent and Tot Open Swim (DROP-IN):

Non-guided

Wednesdays

Drop-In Time: 11:00am-12:00pm

Ongoing, beginning September 26th

COST: \$7.00/session



REGISTRATION

Registration begins **Tuesday, September 11th at 9:00am.**

Please Note: Registration will not be taken early.

Please contact **Alison at 519-354-0520 ext. 281** to complete your registration for the new season!

*Payment for programs must be received **BEFORE participation begins.**

Credit card payments can be processed over the phone.