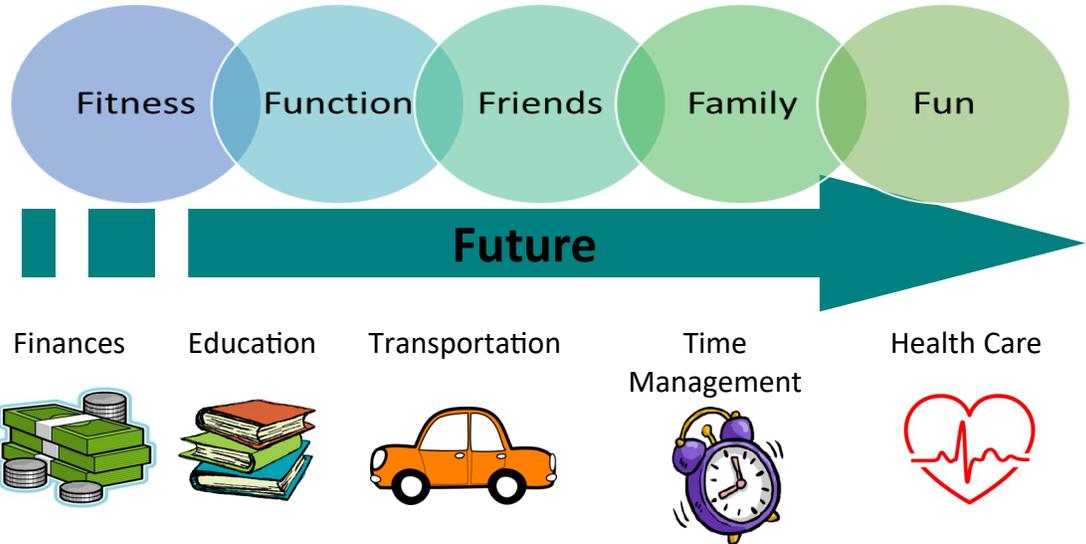


Life Links

DID YOU KNOW?

Life Links services are available when your child is eligible to enter Grade Four

Our Life Links series of programs focus on the six “F-words” in childhood development:



Services are available for youth ages 9-21 years who have a confirmed, primary diagnosis of a physical, communication, or developmental delay who are presenting with significant barriers to daily functioning and participation.

Life Links offers planning support and programs to youth and their caregiver's related to the progression from paediatric to adult services.

These services may include:

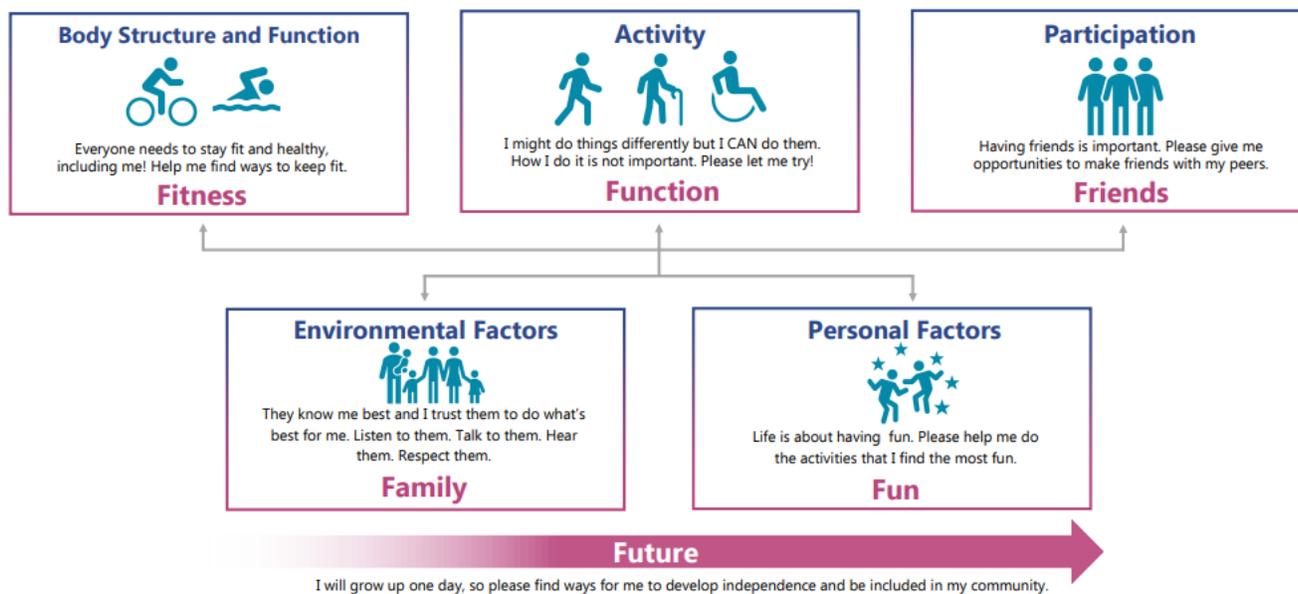
- ☺ Developing a transition plan to include recommendations, strategies, and information to best meet client/family-identified goals & dreams for the future
- ☺ Assist with linking youth/family to other services and community supports
- ☺ Determining youth/family priorities for goal development as they approach puberty, highschool, and adulthood etc.
- ☺ Group programs that encourage independence, health, and wellness.

Call CTC Intake at 519-354-0520 for more information


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Children & Youth whose **primary** diagnosis is related to mental health, a learning disability, and/or ADHD are not eligible for this service. Clients must be ready, willing, and able to participate in programs.

The ICF Framework and the F-Words



For more information visit the F-words Knowledge Hub: www.canchild.ca/f-words



1) World Health Organization. (2001). *International Classification of Functioning, Disability and Health (ICF)*
2) Rosenbaum P & Gorter JW. (2012). The 'F-words' in childhood disability: I swear this is how we should think! *Child Care Health Dev.* 38.

Life Links

Some Past Life Links Programs have included:

- ☺ **Restaurant Roamers:** A different dine-in restaurant each week as we learn about money, budgeting, and proper etiquette
- ☺ **Job Jedis:** Getting ready for the working world through resume preparation and volunteer opportunities
- ☺ **Rise & Shine:** Managing morning routines and learning to safely navigate the community.
- ☺ **Wellness Wednesdays:** Exploring community resources while learning how to enhance and maintain physical health and mental wellness
- ☺ **Snack Attack:** Putting our culinary skills to the test with different recipes each week meant to encourage independence in the kitchen.
- ☺ **Parent Information Sessions:** Topics have included Accessing Adult Services, Estate Planning, IEP/IPRC Process, Funding, and Puberty

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