



Celebrating Abilities, Developing Potential



ANNUAL REPORT Amazing Kids | Amazing People | Amazing Programs



### Message from the... CENTRE EXECUTIVE DIRECTOR AND CHAIR

In our respective roles as staff, volunteers, funders, donors - together we enabled 2,479 unique children and youth and their families to celebrate abilities and develop potential this past year.

The Centre's greatest asset is its staff. Our dedicated team bring energy and passion to their work. We know that keen minds and caring hearts allow potential to be realized.

This year we expanded therapy service into all Full Day Kindergarten schools, increased access to specialty services up to age 21, added diagnostic audiology for the provincial Infant Hearing Program, introduced new preschool monitoring and group programs as well as introduced an "On Track" multidisciplinary team service to ensure families with children who are thought to show red flag indicators for Autism Spectrum Disorder receive all appropriate services as soon as possible.

We take our hats off to our strong community agency partners that worked so hard with our Centre this past year to submit strong plans for the provincial Special Needs Strategy.

The Board has worked hard to outline a five year forecast to enhance services, along with updating plans for building expansion to best meet the needs of the community moving forward. A refreshed logo signals intent to enhance both our valued facility and services.

> As Board Chair and ED, we are so honoured to serve with an outstanding staff, a dedicated Board of Directors, giving volunteers and generous donors. Along with our Foundation partners, we are committed to seeking every available opportunity to support the life journey of the children, youth and families we serve.

> > Donna Litwin-Makey CENTRE EXECUTIVE DIRECTOR

> > > Donna Ceccacci **CENTRE BOARD CHAIR**

### Message from the... FOUNDATION CHAIR

In this past year, we have continued with our commitment of sustaining services and programs to ensure that all kids in Chatham-Kent have the opportunity to reach their highest potential. We are closely aligned with the Centre's Board of Directors and Executive team and continue to evolve the function of the foundation to meet the financial needs of the Centre.

We are very fortunate to have such an amazing group of staff members that are relentless in providing meaningful services to our kids. It's our job to ensure that we plan appropriately and strategically to allow for sustainable services and programs for many years to come.

Throughout this next year, we will have some exciting news that will continue to show the strength and leadership of the Children's Treatment Centre of Chatham-Kent, Our kids deserve it!

Michael Grail FOUNDATION BOARD CHAIR

### Message from the... FOUNDATION EXECUTIVE DIRECTOR



As I complete six months in the role of Executive Director for the Children's Treatment Centre Foundation of Chatham-Kent. I want to thank the Donors. CTC Staff and Shelby for the warm welcome and enthusiasm for our goals.

Every day, I see children being guided toward reaching their potential by caring and skilled healthcare practitioners whose greatest joy is seeing a child succeed. Seeing that drives me even harder to make sure the Foundation is able to fund the programs and staffing needed to help those kids. They work hard so the Foundation must work hard, too. Together, we will make our C-K CTC the best in Ontario for our children.

Michael Genae FOUNDATION EXECUTIVE DIRECTOR



### OCCUPATIONAL THERAPY

Amazing kids!

The Centre's Occupational Therapy team works with children, parents, and caregivers to support a child's full participation in daily activities by improving the child's skills, or changing parts of the environment or tasks.

Some children, like Elise, work with OTs to develop fine motor skills and two-handed activities such as dressing or cutting.

Through improving their skills and adapting the tasks or environments, Occupational Therapists help children to participate in everyday activities.

597 CHILDREN ACCESSED **OT SERVICES THIS YEAR** 

3273 **OCCUPATIONAL THERAPY** SESSIONS THIS YEAR

6% **OF CENTRE** CASELOAD

## OCCUPATIONAL THERAPY STATS



#### 25% **OF MINISTRY FUNDING ALLOCATIONS**

<u>Deliah took</u> her first steps this May!

### PHYSIOTHERAPY

Parents.

Amazing programs!

The Centre's Physiotherapy team works with children and families to help with movement and play. Physiotherapists look at strength and flexibility, balance and coordination, how children move around at home, school and the community.

Since birth, Deliah, who is 5 years old, has been involved with the Centre's Occupational Therapy, Speech Therapy, Augmentative and Alternative Communication, and Physiotherapy programs. Deliah was referred to the Centre after being diagnosed with Prader Willy Syndrome, a condition that affects her physical, developmental and communication abilities. Walking has been a long term physiotherapy goal for Deliah and her family. After attending weekly physiotherapy at the Centre to work on strengthening and skills to support walking, Deliah took her first steps this May!

The Centre's therapy teams are excited about Deliah's progress, and supporting her to do the things she loves- horseback riding, camping and sharing stories about her cat.



**OF MINISTRY** 

FUNDING

CHILDREN ACCESSED **PT SERVICES** THIS YEAR

**OF CENTRE** 

CASELOAD

### PHYSIOTHERAPY STATS

# 1546

#### **PT SESSIONS** THIS YEAR

Toby, previously unable to communicate, now has a way of expressing himself!

SPEECH LANGUAGE PATHOLOGY & MUSIC THERAPY

The Centre's Speech and Language program helps children develop speech and language skills through therapy, consultation home programs as well as parent and caregiver education.

Toby, who is 3 years old, was referred to the Centre in the fall of 2015 with delayed speech and language skills. As many kids are motivated by music, Toby was referred by the Speech Program to Music Therapy to support language and social skills.

In 9 months, Toby has excelled with the Picture Exchange Communication System (PECS) going from one picture at a time, to creating sentences using a series of pictures on a strip.

1252 CHILDREN ACCESSED SPEECH THERAPY THIS YEAR

7710 SPEECH THERAPY SESSIONS THIS YEAR

## SPEECH THERAPY STATS

## 27%

#### OF MINISTRY FUNDING ALLOCATIONS

## 33%

OF CENTRE CASELOAD Since beginning treatment at the Centre, Claire is more confident, and her school and social life has significantly improved

### AUDIOLOGY

Amazing kids!

The Centre's Audiology program currently serves clients from birth through to the elderly, and provides hearing-related diagnostics, consultations and counselling.

Six years ago, Claire was referred to our Audiology program because her mom noticed she was having difficulties learning in school, attending in noisy environments and following multiple directions. After her first visit, Claire was identified as having Central Auditory Processing Disorder, which affects how the ears and brain coordinate, causing Claire to process what she hears in a different way than other children.

The Centre's Audiologists set up strategies for Claire to use in school and at home, and recommended an FM System to be used at school to filter out background noises to help Claire focus better on the teacher.

### 32% **OF CENTRE**

196

**CHILDREN** ACCESSED

**AUDIOLOGY** 

CASELOAD

### AUDIOLOGY STATS

### 10% **OF MINISTRY** FUNDING

### 235

NUMBER **OF ADULTS SERVED** 



### ENHANCED SERVICES

#### ADAPTED RECREATION

The Centre's Adapted Recreation program provides recreational opportunities for children with special needs to help develop life-long skills and knowledge in the areas of recreation and leisure. It provides individual and group recreation opportunities, to assist clients with identifying their interests and developing the necessary skills to participate in activities at the Centre, home or throughout the community. Additionally, Adapted Recreation can assist with the development of communication and social skills, while improving one's overall physical, emotional and cognitive development. Current Adapted Recreation programs offered include: Adapted Sailing, Sledge Hockey, Challenger Baseball, Adapted Swim, Sensory Swim, Dance, Tennis, Skating, Gymnastics and Soccer.

#### MUSIC THERAPY

Music Therapy helps to develop the child's attention span, communication, motor and social skills through singing, playing instruments, song writing, listening, and expressive movement. Because most children demonstrate a strong response to music, music becomes a great motivator, addressing goals by offering an alternative form of therapy.

#### SOCIAL WORK

The Children's Treatment Centre's Social Work team works with children, youth and their families to enhance and build upon coping skills, social skills and to promote positive self-esteem. The Social Work team helps families navigate and connect with community resources, supporting the transition process from childhood to adulthood.

NUMBER OF CHILDREN IN **SPECIALTY GROUPS** 

RECREATIONAL

SESSIONS **THIS YEAR** 

693

### ADAPTED RECREATION STATS

#### **INCLUSIVE RECREATION OPPORTUNITIES OFFERED**

### 100% FUNDED BY THE FOUNDATION

#### YOUTH ACCESSED 135 RECREATIONAL SERVICES THIS YEAR

### FOUNDATION EVENTS



#### Christmas in Muskoka

CTC's Children's Christmas Party offered a night of entertainment, crafts, and dinner for Centre clients, families and staff.





#### Smile Cookie!

The CTC Foundation was this year's recipient of the Tim Horton's Smile Cookie Program! Our tastiest fundraiser yet, raised \$11,060 in support of the Centre's Social Work Program.

#### Chatham-Kent Cycling Festival

A day of fun, fitness and inclusion in support of the Centre's Adapted Bike Program, ensuring that all children, of all abilities, can enjoy the excitement of riding their own bike.





#### Business After Hours

The Foundation hosted its first-ever Not-For-Profit Business After Hours, bringing dozens of local businesses and organizations into the Centre.





This year's Festival of Giving raised \$250,040 in support of the Centre's Enhanced Programs, geared toward promoting inclusivity and confidence while working on therapy goals.



### \$4,000 Raisedl

#### CK Police Association Golf Tournament

The CKPA raised \$4,000 in support of the Centre's enhanced programs

#### FOG-Studio 54, Disco Fever!



## WHY DO WE DONATE?



We donate to the CTC out of thankfulness that there is a place for our daughter Sydney. A place that celebrates her abilities and develops her potential. The CTC offers a dynamic team of excellence with programs, equipment and compassionate therapists. Over the past four years the CTC has become a crucial component of Sydney's support team. From an early intervention to present day, we are at the CTC for therapy four days a week.

Some of the programs Sydney enjoys the most at the CTC is sensory swim, music, speech, occupational therapy, physiotherapy and the bike program. We know that our donations can help these programs purchase equipment, games, switch activated toys and, most importantly, opportunity, which plays a key role to a child's learning and development. Our donations help the CTC to stay current to the children in need, considering essential equipment and toys can be very costly.

We also donate because we like to see our child benefit from the inclusive environment that the CTC offers. From sports to arts, music to speech, physical and occupational therapies to dance, swim and bike programs, the CTC runs all these programs very effectively to fullfill every child's needs.

We are very fortunate to have the CTC for Sydney. It allows us to watch her grow and strengthen communication and independent play skills with the guidance of her therapists. We have all made wonderful friends within CTC and feel blessed to support and be a part of this community.

Yours Truly, Dan, Jackie & Sydney Lundy



### VOLUNTEER-DICK PERRIN

Dick Perrin has been volunteering with the Children's Treatment Centre's Challenger Baseball program since 2010. Dick has played baseball most of his life. He grew up playing baseball with Fergie Jenkins and he also coached bantam all-stars for 13 years! One of his players he coached was Billy Atkinson, who went on to play for the Montreal Expos.

Dick has been a great asset and help to the Challenger Baseball program. He loves coaching the kids and looks forward to every Thursday evening throughout the summer months. He is very comfortable with our players and believes in their talents.

#### Thank you, Dick Perrin, for dedicating your time to our Centre and especially to our clients.



### HALL OF FAME AWARD

Amazing people!

This year's Hall of Fame Award recipient, Alex Jones, was selected for this award because of his community involvement, glowing positivity and determination.

> In 2000, Alex was identified as having Autism and fine motor delay and began accessing Centre services, including Speech Therapy, Audiology, Music Therapy, Adapted Recreation and Occupational Therapy.

> > Alex, 21 years old, is attending St. Clair College's Options Program, which transitions youth from high school to college, building basic literacy skills, life skills and employable skills. Through St. Clair's Operations Program, Alex recently switched his coop placement from Tim Hortons to McDonalds, where he hopes to get hired on following the program.

> > > Alex participates in Special Olympics Swimming, works out at the YMCA, and is a member of the CK Special Populations- a group that participates in various recreation and community involvement opportunities. Alex loves watching the Toronto Blue Jays, and cooking- especially tacos and spaghetti. Alex is eager and excited to one day move into his own apartment.

Alex's tremendous community involvement, and positive, life-loving attitude is why he was selected for this year's Hall of Fame Award.

Congratulations, Alex! Keep up the great work!



Celebrating Abilities, Developing Potential

#### OUR MANAGEMENT TEAM

Donna Litwin-Makey, Executive Director Marnie Ball, Client Support Team Leader Cindy Gillett, Human Resources Coordinator Theresa Lowe, Finance Manager Amelia Morrison, Service Manager Sandra DeKok, Service Manager Mary Ann MacKew, Service Manager Dr. Wendy Edwards, Medical Director

#### CENTRE BOARD OF DIRECTORS

Paula Ceccacci. Chair Beth Cummings, Vice Chair Kevin Allman. Treasurer Mary Lou Martin Marv Genge Claudette Meriano Renee Zarebski Glen Reaume Paula Grail Dan Lundv



#### OUR MANAGEMENT TEAM

Mike Genge, Executive Director Shelby Sanchuk, Manager of Communications & Fundraising

#### OUR STAFF

Alison Munro Alvilda Douglas Ann McKenzie Amv Husk Barb Chapple **Billy Yacks** Chelsea Mailing Cathy Smith Cheryl-Lynn DeGraaf Craig Lane Crvstal Gagnon Diane Fahev Erica Sterling Elita Tavares Heather Collacott Heather Sarson Janice Seney Jen Blokzyl Jenn Thomas Kate Randall Katie McCall Kellv Moniz

Kelsey Parent Laura Burritt Lauren McFadden Lindsay Knight Lorne Haskell Melissa Gillett Mitch Floin Myranda Tetzlaff Pamela Trudell Pantea Rickwood **Rachelle Regnier** Sandra Spagnoli Sarah Reed Shauna Jackson Sheila McI aren Shervl Langille Silvia Croitoru Stefani Cobby Tiffanv Irwin Tina Jamieson Tracy Koehler-Massender

#### FOUNDATION BOARD OF DIRECTORS

Michael Grail, Chair Sarah Regnier, Vice Chair Chris Tuckwell, Treasurer Darrin Canniff Greg Hetherington Nicole Stallaert Tracy Bultie Cheryl Alward Jim Blake Sue Curran Andrya Eagen





355 Lark Street | Chatham, Ontario | N7M 5B2 Phone: 519.354.0520 | Toll-Free: 1.877.352.0089 | Fax: 519.354.7355

#### www.ctc-ck.com



ELIKE US ON FACEBOOK: Search 'Children's Treatment Centre Foundation of Chatham-Kent'



