

## Letter/Number Recognition/Formation

Fill letters with glitter glue. Once it has dried, have your child run his/her fingers over the letter to feel the correct sequence and formation of the letters.

Use play dough or plasticine to fill in the letters and then cover it with plastic wrap. Have your child feel the letters.

Use different materials (e.g. silk, wool, flannel, etc.) to form the letters. Have your child follow the correct formation of the letter and name the letter.

Use a page protector and wipe off crayons or markers, and have your child trace over the letters as they name them and describe the direction of pencil strokes.

Try different types of paper (e.g. sandpaper, construction, watercolour, etc.) to make the letters.

Draw and trace numbers and letters in a tray using sand, paint, hand lotion, whipping cream, etc. Be creative!

Use magazines, books, advertisements, to cut out different shapes, sizes, and colours of each letter as you teach them. Past them into a book, naming it "My Own Letter Book".

Use a paragraph from a book or magazine and do a letter or number hunt. Choose a letter, e.g. "S", and have your child see how many times he/she can find the letter "S".

Letter and number games are good for reinforcing the letters already introduced. Here are some fun games:

Use flash cards to play "memory" games

Use sticky-wicky, pipe cleaners, play dough, pasta, pegboards to make letters and numbers

Have your child close his/her eyes and try to name the letter/number by feeling the letter number cards.

*If you have any questions, please contact your Occupational Therapist.*

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Have your child close his eyes and use his hand to draw the letter in the air, on the table, etc.

Trace letters/numbers on your child's back and have him/her name them.

Complete letter and number dot-to-dots.

Play "I Spy".

Play letter or number bingo.

Play games, e.g. Scrabble, Pictionary, etc.