

DEVELOPMENTAL MILESTONES



3 – 6 Months



Emerging Skills

- Pushes up on arms when on tummy
- Plays with feet and brings feet to mouth when positioned on back
- Begins to roll
- Begins to sit with support
- Begins to rock on hands and knees
- Reaches for and holds toy or object briefly

Red Flags

- Arching when on back
- Using only one hand to reach or using only one side of body
- Keeping one or both hands tightly clenched all the time

Everyday Play Ideas

- Play in sidelying
- Assisted rolling
- Bouncing on adult's knees in sitting
- Songs and fingerplays
- Reading books

Best Toys For This Age Group

- Mirrors
- Rattles & shakers
- Soft books
- Balls or other rolling toys
- Foot rattles
- Musical toys

Next Emerging Skills To Look For

- Crawling
- Standing
- Cruising
- Climbing