



DEVELOPMENTAL MILESTONES



6 – 12 Months



Emerging Skills

- Rolls independently
- Sits independently
- Begins to crawl
- Begins to pull up to stand
- Pivots in sitting to reach for objects
- Cruises or walks sideways along furniture
- Crawls up steps with supervision
- Begins to take steps without support
- Transfers objects from one hand to the other
- Releases an object from hand with control
- Bangs objects together
- Holds out arm or leg to help with dressing

Everyday Play Ideas

- Crawling on an incline or over pillows
- Reaching for toys in sitting
- Crawling to chase a ball
- Walking while pushing a chair or laundry basket
- Songs in standing – “If You’re Happy & You Know It” or “Head, Shoulders, Knees & Toes”
- Rolling a ball back and forth
- Knocking down block towers
- Reaching and bending for toys placed on different surfaces

Red Flags

- Scooting on back instead of crawling
- Arching back
- Not bearing any weight on feet
- Frequent standing on tiptoes
- Not moving between positions smoothly
- Not able to bring hands together at midline
- Difficulty grasping and releasing toys in a controlled way

Best Toys For This Age Group

- Balls and other rolling toys
- Cars
- Tunnel
- Soft blocks
- Touch and feel books
- Standing play table or activity cube

Next Emerging Skills To Look For

- Walking
- Climbing stairs
- Scribbling with a crayon

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