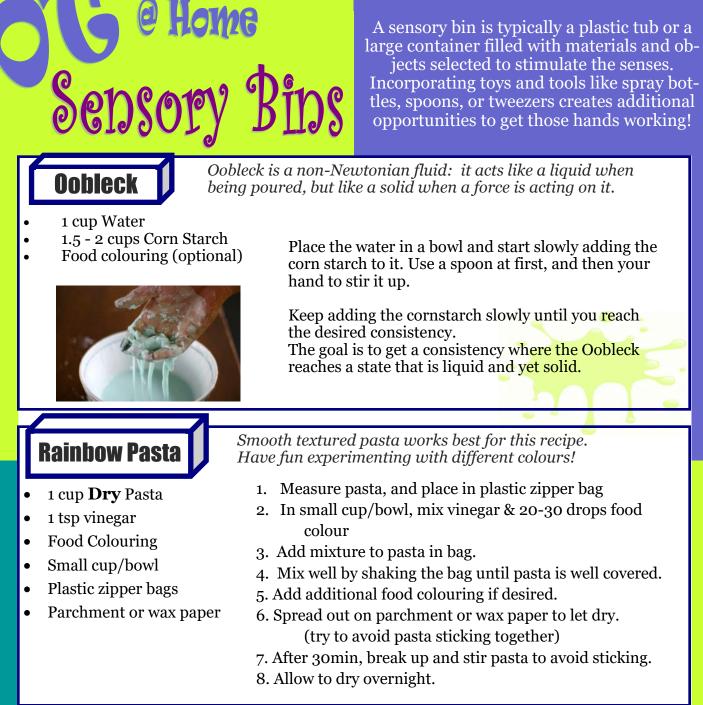


A sensory bin is typically a plastic tub or a large container filled with materials and objects selected to stimulate the senses. Incorporating toys and tools like spray bottles, spoons, or tweezers creates additional opportunities to get those hands working!

A great thing about Sensory Bins is how versatile they are. These are some ideas to get you started, but the possibilities are endless! Keeping safety in mind, choose options that work best for the age and development of participants and be prepared for things to get a little

The Basics	The Fill	Tools and Toys
 A large plastic bin, small pool, or sand/water table Large Sealable bag- gies/containers to save materials to play with again (note:some items will not keep) A broom, wet cloth, and towel on stand- by for easier clean- up Close supervision! 	 Dry: Cornmeal, Oatmeal, Pasta (plain or coloured), Cereal, Rice, Beans, Chickpeas, Birdseed, Bar- ley Cooked Pasta (plain or coloured) Shredded Paper, Play Sand, Kinetic Sand, Pom- Poms, Buttons, Feathers Water, Water Beads, Foam Aquarium Gravel, Shav- ing Cream, Ooblek 	 Small containers, Measuring Spoons, Measuring Cups, Funnels, Cookie Cutters Tweezers, Scissors (as appropriate) Ice Cube trays, Muffin Tins Small, Easy to Clean Toys Water Play: Sponges, Spray Bottles, Squirt Toys, Meat Basters, Eye Droppers, Squeeze bottles
Some materials can be dyed for a more colourful experience.	scooping, pouring, and measuring can be practiced.	Items can be placed or sorted into ice cube trays or muffin tins.
Using either a blender or mixer, beat together for 2 minutes: • 2/3 cup warm water • 2 tbsp dishsoap • 4-5 drops food colouring (optional)		

messy.





ensory Bins

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Rainbow Spaghetti

- Cooked Spaghetti
- Ziploc baggies
- Oil (vegetable, sunflower, or olive)
- Food colouring
- Colander (to rinse)
- Water



Great for all ages! Including child-safe scissors give older children a chance to practice scissor skills.

- Cook Spaghetti according to package instructions, drain & allow to cool slightly
 Place Space atti in Ziplace have (one for each structure)
- 2. Place Spaghetti in Ziploc bags (one for each colour)
- 3. Add a few drops of oil to prevent sticking
- 4. Add food colouring to bags
- 5. Seal bags and mix until evenly coated
- 6. Rinse spaghetti in colander to remove any excess dye
- 7. Allow spaghetti to dry (approx. 1 hour)

Kinetic Sand

- 2.5 cups Play Sand
- 1.5 Corn Starch (or Flour)
- 1/2 cup Oil

(cooking oil, baby oil, or mineral oil)

Large Bowl

For this recipe, remember the ratio 5:3:1 and you'll be able to successfully make any amount of kinetic sand.

- 1. Mix together Play Sand and Corn Starch until completely incorporated.
- 2. Pour in the oil and mix again until there are no oily or dry spots
- 3. That's it! You're ready to play.



