

# FAMILY ENGAGEMENT PROGRAMS

## Parent & Caregiver Opportunities

### CTC-CK Connects Facebook Group

- Private group for parents and primary caregivers
- Opportunity to ask questions, share experiences and support one another
- Search "CTC-CK Connects" on Facebook

### CTC-CK Connects LIVE

- Caregiver-led support group in a conversational format and relaxed environment
- Open to parents and primary caregivers
- Morning group available

### Caregiver's Night Out

- Offering "me time" to parents and caregivers
- Connect with others through shared experiences
- Casual, fun activities both virtual and in person

### Information Sessions & Workshops

- Educational/ information sessions and workshops are offered based on the needs and interests voiced by families
- Binder Bootcamp is a workshop for caregivers that provides dedicated time and resources to organizing paperwork

## Sibling & Family Opportunities

### Sib's Night Out

- Offering siblings an opportunity to connect with peers with shared experiences
- Recreational activities provided in a relaxed environment

### Sibshop

- Fun, action-packed program for children (ages 7-12 years) who have a sibling with special needs
- A chance to connect with peers who "get it" through expressive recreational activities

### Family Events

- Offering accessible, safe events for families to participate in together
- Offering opportunities at the CTC-CK or out in the community

**Open to all families  
waiting for or receiving  
services at the Children's  
Treatment Centre of  
Chatham-Kent.**



# FAMILY ENGAGEMENT PROGRAMS SEPTEMBER- DECEMBER 2024

## CTC CONNECTS LIVE

Thursdays, 10:00- 11:30am

Sept. 19 | Oct. 3 | Oct. 17  
Oct 31 | Nov. 14 | Nov. 28 | Dec. 12

CTC-CK Foundation Office  
300 Lacroix St. Unit 5

- An opportunity for parents and caregivers to connect with each other in a conversational format to discuss topics of mutual interest, share successes and challenges, and seek and provide support to one another.
- This caregiver group is free and hosted by the Family Engagement Coordinator with conversation led by caregivers.
- We encourage caregivers to register one week in advance of all chosen session dates.

## CONQUERING BLOOD WORK & MEDICAL APPOINTMENTS Caregiver Presentation

Thursday, September 26th  
6:00- 7:30pm  
CTC-CK

- Tara Jaques, in partnership with the CTC-CK, is hosting an information session providing useful tools for caregivers in order to prepare for their child's blood work and medical appointments.
- Hear from Tara and her journey of raising her son who has several diagnosis' including Alagille Syndrome.
- Tara and her family have years of experience with medical appointments and will be sharing the tips and tricks her family has learned and how best to prepare everyone for the appointment.
- Virtual option may be available, please request.

## SIBSHOP

Thursday, October 3rd - November  
14th (no class on October 31st)  
4:15- 5:30pm  
CTC-CK

- Sibshops are fun, action-packed workshops for children who have a sibling with special needs and/or a disability.
- It is a chance to have fun and connect with peers who "get it" through expressive recreational activities.
- This is open to children ages 7- 12 years old (siblings of clients only).

## FAMILY FALL FESTIVAL: Build for the Kids Fundraiser

Tuesday, October 8th  
4:00- 6:00pm  
CTC-CK

- The Family Fall Festival: Build for the Kids is to support the Build for the Kids campaign through the CTC Foundation!
- Join us for games, activities and a BBQ with CTC staff, family, and friends as we celebrate this monumental milestone and all of our CTC families!
- Participate in an art feature that will go into the new build!
- **Admission by donation** and will get you access to all the games, activities, a hotdog and a drink. There will also be additional items available for purchase.

## EARLYON SWIM

Friday, October 11th  
Time TBD  
CTC-CK

- Families with children ages 0-6 years are invited to register for an EarlyON and CTC-CK sensory-friendly swim in the CTC-CK's therapeutic pool.
- Join us as we sing, splash, make new friends, and have fun. Let's build a community that embraces all!
- Limited spots available. 1:1 ratio required.
- **Please register through the [EarlyON website](#).**

# FAMILY ENGAGEMENT PROGRAMS SEPTEMBER- DECEMBER 2024

## FAMILY AND ALUMNI SKATE & SLEDGE

Tuesday, October 15th  
Time: 6:00- 6:45pm  
Thames Campus Arena

- We're inviting all past and present families that have received or are receiving services at the CTC-CK to attend a free evening of skating at the Thames Campus Arena in Chatham.
- Connect with peers, get active, and have fun!
- Helmets are mandatory for all children and youth (0 -18 years) who will be on the ice.
- Wheelchairs and strollers are welcome (please ensure clean wheels).
- On ice support must be provided by a carer if required.

## TRAUMA INFORMED CARE FOR THE CAREGIVER WORKSHOP

Tuesday, October 22nd and 29th  
6:00- 8:00pm  
Community Living CK  
1099 Park Ave West

- Community Living Chatham-Kent's Family Support Network is providing a Trauma Informed Care for the Caregiver workshop being presented by Lauren VanEwyn.
- Lauren is a registered social worker, foster mom and mental health advocate who has presented on the topic of Trauma Informed Care and its application to the impacts on the caregivers mental health.
- This workshop is in two parts and will be held in person at 1099 Park Ave West (the former Parkfield Restaurant).
- **To register, please contact Natalie Jansen at [njansen@clc-k.ca](mailto:njansen@clc-k.ca) or 519-352-1174.**

## WELCOME TO HIGHSCHOOL PRESENTATION

Thursday, November 21st  
6:00- 7:30pm  
CTC-CK and virtual

- Parents and caregivers of the CTC-CK with children in grades 6, 7 or 8 are invited to a presentation to learn more about the transition from grade 8 to high school.
- Hear directly from parents who have helped their children transition to high school and what their experience was like.
- CTC-CK service providers will provide a brief overview of the transition to high school and be available to help answer any questions.

## CAREGIVER'S NIGHT OUT

Tuesday, November 19th  
6:00- 7:30pm  
CK Public Library Wallaceburg  
Branch- 209 James Street

- Parents and caregivers of the CTC-CK are invited out to an evening of crafting at the Chatham-Kent Public Library- **Wallaceburg location!**
- Join us for this fun, free evening to gather together and connect with others who share similar experiences.
- Caregivers are welcome to bring one guest.

## TIPS & TRICKS TO PREP FOR YOUR CHILD'S HAIRCUT

### Caregiver Presentation

Wednesday, November 27th  
6:00- 7:30pm  
CTC-CK

- Parents and caregivers are invited to attend a CTC-CK presentation in partnership with Erin Sinclair from The Beauty Parlour to learn tips and tricks for haircutting practices.
- Erin, with 20+ years of experience, will share some tips for cutting your own child's hair at home while providing a demonstration, as well as, some helpful information on how to support your child when going to the hairdressers.
- Virtual option may be available, please request.

Contact us to learn more or to register.



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