

# FAMILY ENGAGEMENT PROGRAMS JANUARY - MARCH 2025

## CTC CONNECTS LIVE

Thursdays, 10:00- 11:30am

Jan. 9 | Jan. 23 | Feb. 6 | Feb. 20 |  
Mar. 6 | Mar. 20

CTC-CK Foundation Office  
300 Lacroix St. Unit 5

- An opportunity for parents and caregivers to connect with each other in a conversational format to discuss topics of mutual interest, share successes and challenges, and seek and provide support to one another.
- This caregiver group is free and hosted by the Family Engagement Coordinator with conversation led by caregivers.
- We encourage caregivers to register one week in advance of all chosen session dates.

## FAMILY AND ALUMNI SKATE & SLEDGE

Tuesday, January 14th  
Time: 6:00- 6:45pm  
Thames Campus Arena

- We're inviting all past and present families that have received or are receiving services at the CTC-CK to attend a free evening of skating at the Thames Campus Arena in Chatham.
- Connect with peers, get active, and have fun!
- Helmets are mandatory for all children and youth (0 -18 years) who will be on the ice.
- Wheelchairs and strollers are welcome (please ensure clean wheels).
- On ice support must be provided by a carer if required.

## WELCOME TO HIGHSCHOOL PRESENTATION

Thursday, January 16th  
6:00- 7:00pm  
CTC-CK and virtual

- Parents and caregivers of the CTC-CK with children in grades 6, 7 or 8 are invited to a presentation to learn more about the transition from grade 8 to high school.
- Hear directly from parents who have helped their children transition to high school and what their experience was like.
- CTC-CK service providers will provide a brief overview of the transition to high school and be available to help answer any questions.

## HOW TO BE AN EFFECTIVE ADVOCATE WORKSHOP with Lynn Ziraldo

Wednesday, January 22nd  
6:00- 7:00pm  
CTC-CK and virtual

- The CTC-CK has partnered with Pathways Health Centre for Children and invited Lynn Ziraldo to share with parents and caregivers "How to be an Effective Advocate."
- Lynn Ziraldo is an Ontario and internationally renowned advocate and will focus this workshop on what is an advocate and the strategies/ skills and tools required to navigate the educate system.
- This workshop is free and open to parents and caregivers caring for children receiving services at the CTC-CK or Pathways.



*CTC-CK Connects Facebook Group for parents and primary caregivers that have children receiving services at the CTC-CK.*

# FAMILY ENGAGEMENT PROGRAMS JANUARY - MARCH 2025

## WELCOME TO ADULTHOOD PRESENTATION

Thursday, February 20th  
6:00- 7:00pm  
CTC-CK and virtual

- Parents and caregivers of the CTC-CK with children with disabilities or special needs in high school are invited to learn more about the transition to adulthood.
- Hear directly from parents who have helped their children transition to adulthood and what their experience was like.
- CTC-CK service providers will be available to help answer any questions.

## CAREGIVER'S NIGHT OUT

Wednesday, February 26th  
6:00- 7:30pm  
Bill's Place  
(48 Centre Street, Chatham)

- Parents and caregivers of the CTC-CK are invited out to an evening of art and relaxation with special guests from The CO. who will be guiding us through a mental health art-based activity.
- The CO. is a studio in Chatham focused on art and therapy. No art experience is necessary!
- Join us for this fun, free evening to gather together and connect with others at Bill's Place.
- Bill's Place serves as both the office space for CK Pride and their community hub, where they provide support, programming, and host various events.

## BINDER BOOTCAMP

Tuesday, March 4th, 10:00am  
CTC-CK Foundation Office

Wednesday, March 5th, 6:00pm  
CTC-CK Location

- An opportunity for parents and caregivers of the CTC-CK to organize all your child's paperwork.
- This workshop will connect caregivers and CTC-CK staff together to organize your child's medical, developmental, and/or educational information all in one binder.
- This binder is helpful when advocating for your child at medical, school, or community appointments.
- This is an opportunity to get you started with the supplies you need and some helpful information for setting up your binder.
- Past participants are welcome to attend to reorganize your binder!

## SIBSHOP

Wednesday, March 12th  
12:30- 4:00pm  
CTC-CK

- Sibshops are fun, action-packed workshops for children ages 7-12 years who have a sibling with a disability or special needs.
- It is an opportunity for siblings to have fun and connect with peers who "get it" through expressive recreational activities.
- A light lunch will be provided.

**Open to all families waiting for or receiving services at  
the Children's Treatment Centre of Chatham-Kent.**

**Contact us to learn more or to register.**

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