



# CTC THERAPEUTIC RECREATION

## YEAR AT A GLANCE

Below is a list of programs that are typically offered during a calendar year at the CTC.

**\*\*Please note: these programs are subject to change based on available resources, community partners, and space availability\*\***

### FALL/WINTER

September-March Break

**\*all programming beings following holiday shutdown\***

- Sledge Hockey/Family Skating: (Ages 6+)
- Play Pals (Ages 4-6)
- Basketball (Ages 9-13)
- Gymnastics (Ages 4-12)
- Tween Scene (Ages 9-13)
- Teens Night Out (Ages 14-21)
- Baking Buddies (Ages 9-13)
- Music Lessons/Music Groups

### SPRING/SUMMER

April-August

**\*Spring programming begins following March Break\***



- Dance (Ages 4-21)
- Neon Chorus (Ages 5-21)
- Soccer (Ages 4-10)
- Tennis (Ages 9-21)
- Challenger Baseball (Ages 7-21)
- Tween Scene (Ages 9-13)
- Teens Night Out (Ages 14-21)

Summer Experiences:

- Sailing (Ages 7+)
- SASS (Sensory Art, Science & Swimming)  
(Ages 4-12)
- Safety Squad (Ages 10-14)
- Teen socials (Ages 14-21)

### OTHER OPPORTUNITIES

MAY: ARTS PROGRAMMING

AUGUST: CHALLENGER FINALE; UNDER THE LIGHTS

OCTOBER: "HALL"-OWEEN

NOVEMBER: SENSORY SANTA

