# CTC-CK SBRS OT TIERED SERVICES



### **BACKGROUND**

What is under the School-Based OT Umbrella?

 Pre-Printing/Printing Skills, Fine Motor Skills, Visual Perception Skills, Executive Functioning, Sensory Skills, Assistive Technology, Accessibility Equipment, Self-Care

## **TIER 1 - UNIVERSAL SERVICES**

- Provision of universal strategies, education and resources, which are shared with the education team.
- The teacher will observe and monitor student progress and note which students may benefit from additional supports. No intervention provided to specific students at this level.

#### **TIER 1 AVAILABLE TOPICS**

Fine Motor: Pencil grasp, pencil grips, pencil pressure, hand strengthening

Scissor Skills: Scissor grasp and set-up, paper manipulation, adaptive scissors

Pre-Printing/Printing:
Drawing, colouring,
printing organization,
reversals, cursive

Sensory Regulation:
Environmental
modifications, universal
sensory strategies

Executive Functioning:

Time management,

organization of materials,

task initiation

Visual Perception:
Copying from the board,
letter formation,
scanning

Self-Care Skills:
Buttons, zippers, shoes,
managing food
packages

Classroom Skills:
Proper desk height,
sitting posture,
alternative seating

## **TIER 1 SUPPORTS AVAILABLE**



Type 1: Consult

Education and resource sharing through handouts, videos, work sheets etc.



**Type 2: Observation** 

Classroom observation to provide strategies or make recommendations



**Type 3: Activity Centre** 

OT or OTA can provide activity centres in the classroom that any student can participate in



**Type 4: Class Instruction** 

OT or OTA can provide a whole class learning opportunity on a particular topic



Type 5: Lunch & Learn

OT can provide a lunch and learn on a requested topic for any interested staff

### **HOW CAN I REFER?**

- The teacher must contact the LRT / OT to schedule a time for Tier 1 services and these will be prioritized based on school needs
- The teacher is required to be present within the classroom to participate in Tier 1 services
- The teacher must select a topic area, and the type of support required
- Only one topic and support type can be selected per OT visit
- A reverse consent letter has been sent to all school boards to share with families to inform them of Tier 1 services

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### **TIER 2- TARGETED SERVICES**

- OT provides support to specific students during activities in the classroom, in one-to-one or small group formats.
- These targeted services are for students experiencing challenges, when universal strategies and/or environmental modifications have already been put in place.

### TIER 3- INDIVIDUALIZED SERVICES

• OT provides support to students who require very specific services to safely and effectively access and participate in their school curriculum.

## **TIER 2 AND 3 REFERRAL**

- Resource teachers and classroom teachers are required to prioritize SBRS OT needs within their school
- When there is a FUNCTIONAL concern, school staff must consult with OT before completing referral paperwork
- The OT will approve the referral and assign a Tier 2 or 3 priority ranking
- Staff complete the Principal Referral Form, Teacher Checklist, and include a sample of written work and relevant reports (i.e., psych-ed assessment), if appropriate
- Caregiver consent is required at both Tier 2 and 3 services

### WHEN IS A REFERRAL NOT APPROPRIATE?

- Assistive technology (classroom or SEA prescribed) and/or written accommodations are in place and successful
- Primary concern is:
  - Language-based (i.e., reading, spelling, dyslexia)
  - Behaviour-based
  - Mental health
  - Social-emotional
- Inconsistent student attendance that impacts service implementation
- Family requested the referral and there are no concerns from school staff
- Inconsistent concerns that do not impact day-to-day participation

