

# FAMILY ENGAGEMENT PROGRAMS

## Parent & Caregiver Opportunities

### CTC-CK Connects Facebook Group

- Private group for parents and primary caregivers
- Opportunity to ask questions, share experiences and support one another
- Search "CTC-CK Connects" on Facebook

### CTC-CK Connects LIVE

- Caregiver-led support group in a conversational format and relaxed environment
- Open to parents and primary caregivers
- Morning group available

### Caregiver's Night Out

- Offering "me time" to parents and caregivers
- Connect with others through shared experiences
- Casual, fun activities both virtual and in person

### Information Sessions & Workshops

- Educational/ information sessions and workshops are offered based on the needs and interests voiced by families
- Binder Bootcamp is a workshop for caregivers that provides dedicated time and resources to organizing paperwork

## Sibling & Family Opportunities

### Sib's Night Out

- Offering siblings an opportunity to connect with peers with shared experiences
- Recreational activities provided in a relaxed environment

### Sibshop

- Fun, action-packed program for children (ages 7-12 years) who have a sibling with special needs
- A chance to connect with peers who "get it" through expressive recreational activities

### Family Events

- Offering accessible, safe events for families to participate in together
- Offering opportunities at the CTC-CK or out in the community

**Open to all families  
waiting for or receiving  
services at the Children's  
Treatment Centre of  
Chatham-Kent.**



# FAMILY ENGAGEMENT PROGRAMS APRIL - JUNE 2026

## **THE EXCHANGE: Safe & Secure Book Club**

April 13<sup>th</sup> | May 11<sup>th</sup> | June 8<sup>th</sup>  
6:00- 7:00pm  
1099 Park Ave West, Chatham

- Focusing on a chapter a month from the Safe and Secure book, caregivers will begin thinking about what life looks like into the future for their family member with a disability.
- Share ideas and experiences with other caregivers in this supportive space hosted by The Family Support Network's The Exchange in partnership with Community Living CK and the CTC-CK.
- Free copy of the book provided! **Register at [theexchangeck@gmail.com](mailto:theexchangeck@gmail.com).**

## **UNDERSTANDING CHALLENGING BEHAVIOUR PART 1**

Wednesday, April 15<sup>th</sup>  
10:00- 11:30am | 6:00- 7:30pm  
220 Riverview Drive, Chatham

- In partnership with TVCC Autism and Behavioural Services and the CTC-CK's Family Support Services team, Foundational Family Services is excited to offer in-person workshops in Chatham.
- A presentation that introduces why your child/ youth may have challenging behaviours and how to support them.
- **To register for this program visit [tvcc.on.ca/education-programs](http://tvcc.on.ca/education-programs)**

## **CTC CONNECTS LIVE**

Thursdays, 10:00- 11:30am  
April 16<sup>th</sup> | April 30<sup>th</sup> | May 14<sup>th</sup>  
May 28<sup>th</sup> | June 18<sup>th</sup>  
CTC-CK Foundation Office  
300 Lacroix St. Unit 5

- An opportunity for parents and caregivers to connect with each other in a conversational format to discuss topics of mutual interest, share successes and challenges, and seek and provide support to one another.
- This caregiver group is free and hosted by the Family Engagement Coordinator with conversation led by caregivers.
- We encourage caregivers to register one week in advance of all chosen session dates.

## **SIB'S NIGHT OUT**

Thursday, April 23<sup>rd</sup>  
6:00- 7:30pm  
CTC-CK

- CTC-CK is excited to invite siblings of our clients to Sib's Night Out! This fun filled evening is all about celebrating siblings who have a brother or sister with a disability or special needs.
- Join us for a movie and craft night for siblings ages 5-12 years old.
- A light snack will be provided, bring your comfy clothes and a cozy blanket!

## **CAREGIVER'S NIGHT OUT: Yoga in Tilbury**

Tuesday, April 28<sup>th</sup>  
7:00- 7:50pm  
20 Queen Street South, Tilbury

- Parents and caregivers of the CTC-CK are invited to join us for a beginner yoga session at Just Move Fitness Studio in Tilbury.
- A wonderful opportunity to unwind and connect with other caregivers in a casual, supportive environment.
- Open to ages 16+. One guest per person.

# FAMILY ENGAGEMENT PROGRAMS APRIL - JUNE 2026

## TEEN TRANSITION FAIR

Tuesday, May 5th  
6:00- 8:00pm  
CTC-CK

- Join us for a teen transition fair to learn all about the services available for young people transitioning to adulthood.
- Hosted by the Disability Support 4 Children and Young Adults Lambton-Kent (formally JumpStart).

## CARE CONVERSATIONS: Interwoven Connections

Wednesday, May 13th  
6:30- 7:45pm  
CTC-CK

- An information session featuring Interwoven Connections regional peer connectors.
- Learn how your family can be supported in your permanency journey through adoption, kinship or customary care.
- If you are beginning your journey, prospective parents, or experienced caregivers, we invite you to this information session, expressive arts activity, and a chance to ask question and build community.

## THE EXCHANGE: Freeze & Feast

Tuesday, May 26<sup>th</sup>  
6:00- 7:30pm  
101 Stewart Street, Chatham

- Hosted by The Family Support Network's The Exchange in partnership with Community Living CK and the CTC-CK.
- Caregivers are invited to create a meal they can enjoy or freeze and enjoy later.
- Open to all caregivers raising children, youth, and adults with disabilities.
- Spaces are limited. **Register at [theexchangeck@gmail.com](mailto:theexchangeck@gmail.com).**

## VISUALS WORKSHOP

Thursday, June 11th  
10:00- 11:30am | 6:00- 7:30pm  
220 Riverview Drive, Chatham

- In partnership with TVCC Autism and Behavioural Services and the CTC-CK's Family Support Services team, Foundational Family Services is excited to offer in-person workshops in Chatham.
- Learn about using visual supports such as task strips, help/ break cards, "I am working for..." boards, and social narratives.
- **To register for this program visit [tvcc.on.ca/education-programs](http://tvcc.on.ca/education-programs)**

## BRAVE SMILES

Wednesday, June 17th  
30 minute timeslots available  
between 3:00- 6:00pm  
CTC-CK

- In partnership with Chatham-Kent Public Health, the CTC-CK is offering free dental appointments and taking a kid-friendly approach to dental care.
- Brave Smiles is focused on a child-led visit where kids can ask questions at their own pace, explore and learn about dental tools, and learn to understand proper oral hygiene in a fun, hands on way.
- Each child and caregiver will receive one-on-one time with a registered dental hygienist. Siblings welcome!



**Contact us to learn more or to register.**

**Rachel Guerin, Family Engagement Coordinator**  
**Phone: 519-354-0520 ext. 292 | Email: [rguerin@ctc-ck.com](mailto:rguerin@ctc-ck.com)**

Open to all families waiting for or receiving services at the Children's Treatment Centre of Chatham-Kent.